
Open Standards for 3D Immersive Virtual Exercise Environments

Pat Banerjee

Professor of Mechanical, Industrial, Computer
Science & Bioengineering

University of Illinois at Chicago (UIC)

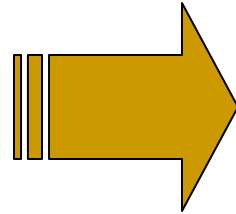
Acknowledgements

- UIC RecTech Colleagues
 - Cristian Luciano
 - Jim Rimmer
 - Bill Schiller
 - Michael Scott



Past

Future



3D Immersive

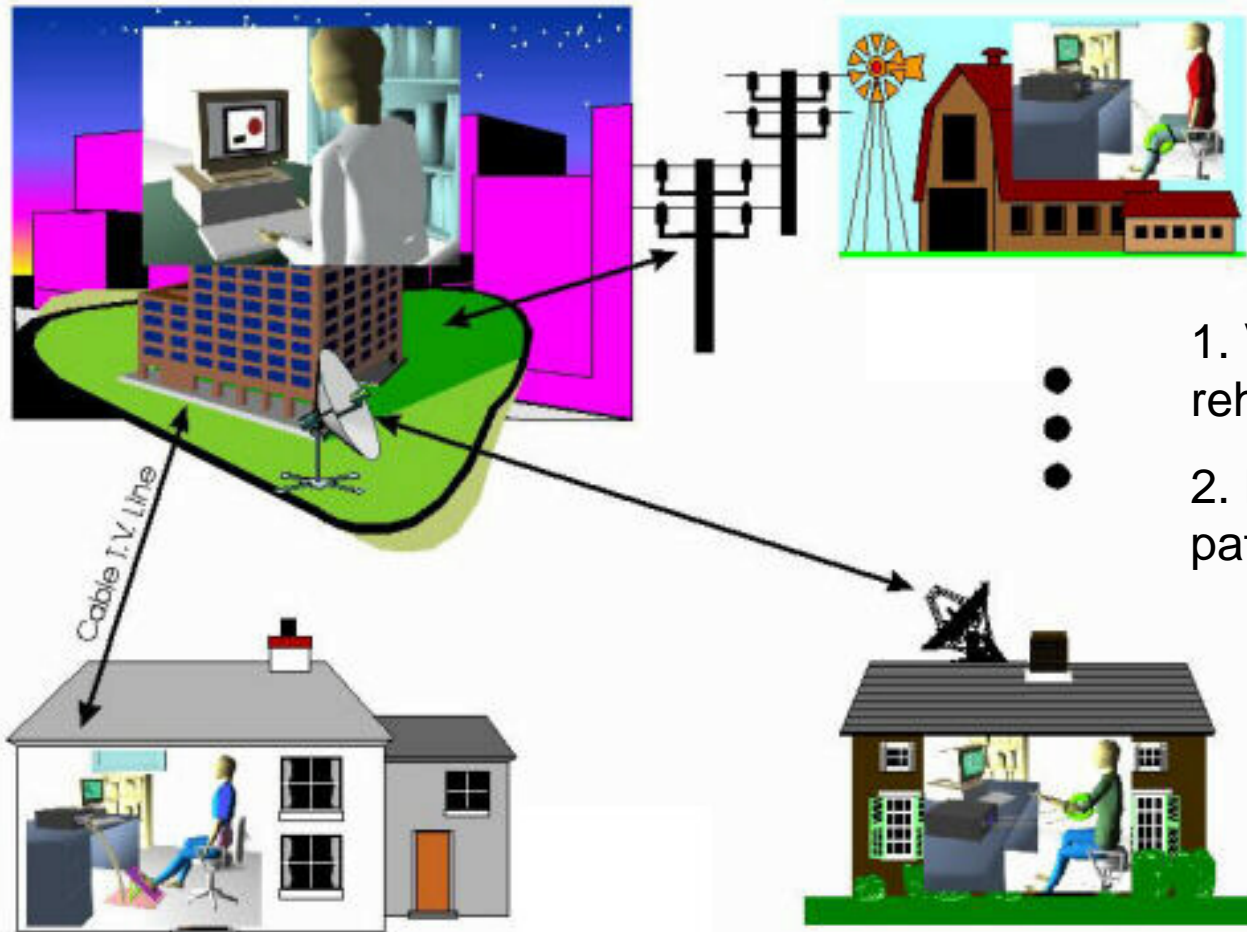


Outline

- Non Immersive Virtual Exercise Environments
- Immersive Virtual Exercise Environments
- Proprietary Virtual Exercise Environments
- Open Standards for Immersive Virtual Exercise Environments

Non Immersive Virtual Exercise Environments

Virtual Reality (VR)-Based Exercise Program for Stroke Telerehabilitation



Rutgers/NJIT

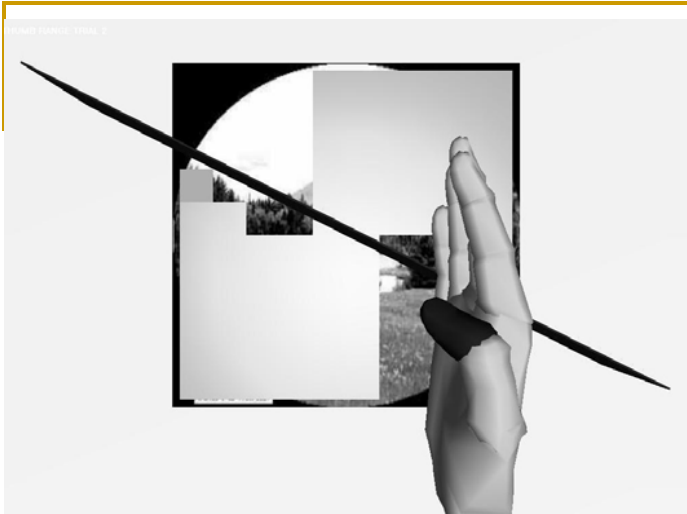
1. VR haptic based rehabilitation at home
2. Remote monitoring of patients by therapists

VR- Haptic Interfaces

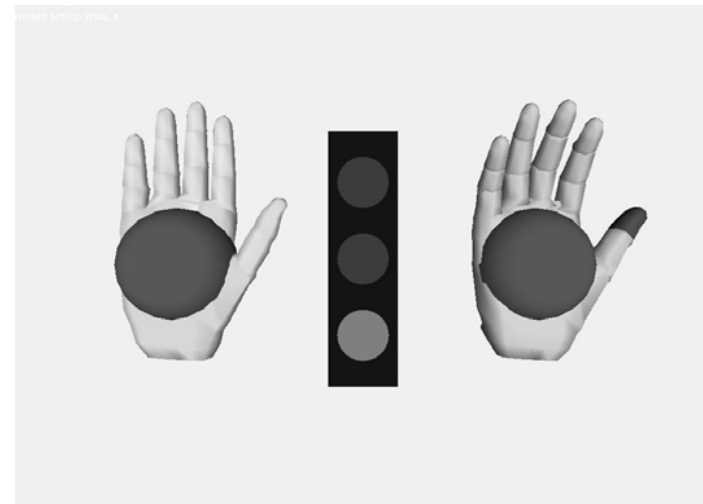


- ❑ CyberGlove - Virtual Technologies Inc.
- ❑ Rutgers RMII Master
- ❑ "Rutgers Ankle" Rehabilitation Interface

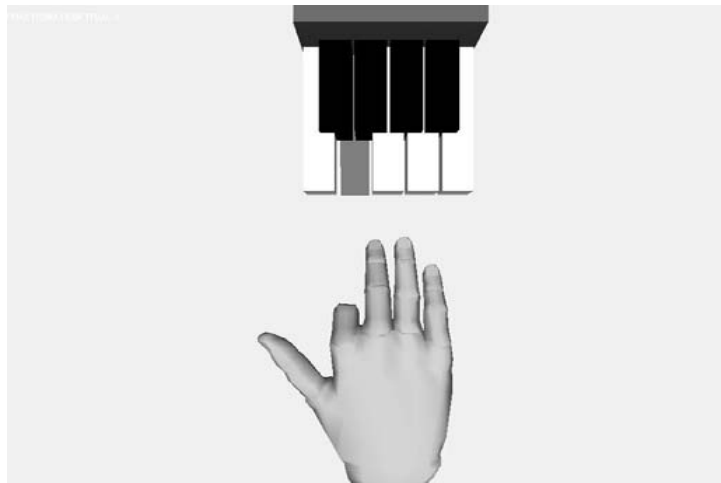




Range of Motion Task



Speed Task



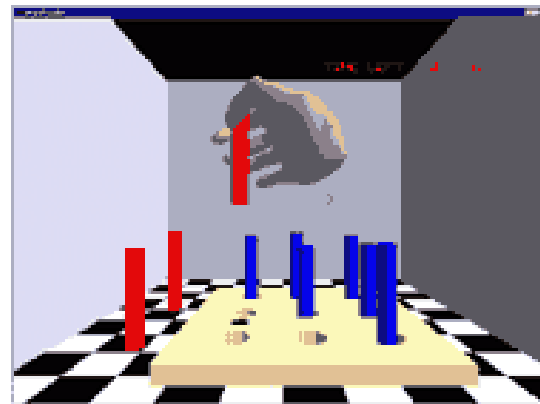
Fractionation Task



Strength Task

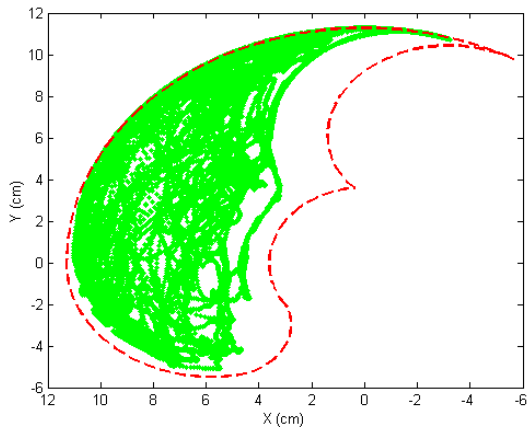
Tasks

- Stanford & Rutgers
- PC-based
- Three physical therapy exercises
 - DigiKey
 - Ball
 - Power Putty
- Two functional rehabilitation exercises
 - Peg Board
 - Ball Game

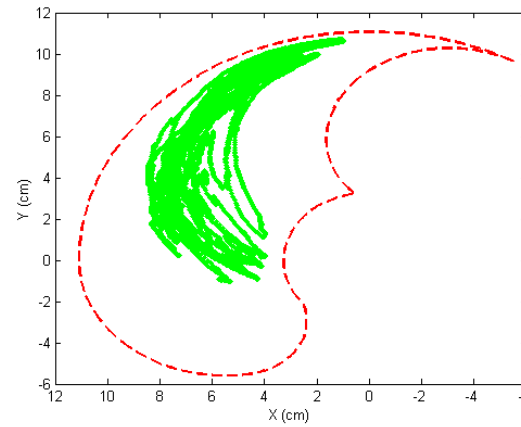


Sample Results

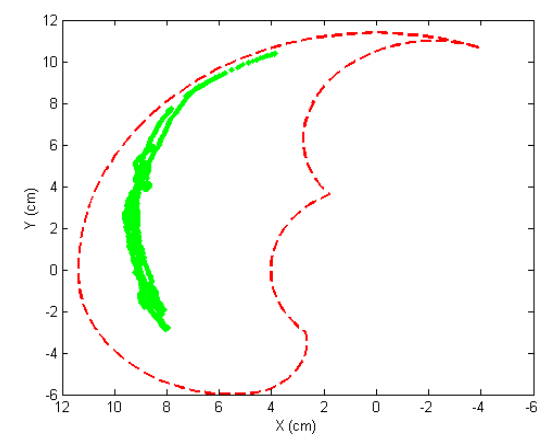
- Northwestern/Rehabilitation Institute of Chicago
- CyberGlove - pattern of finger motion during grasp, & portion of attainable workspace



attainable workspace of index finger for a control subject



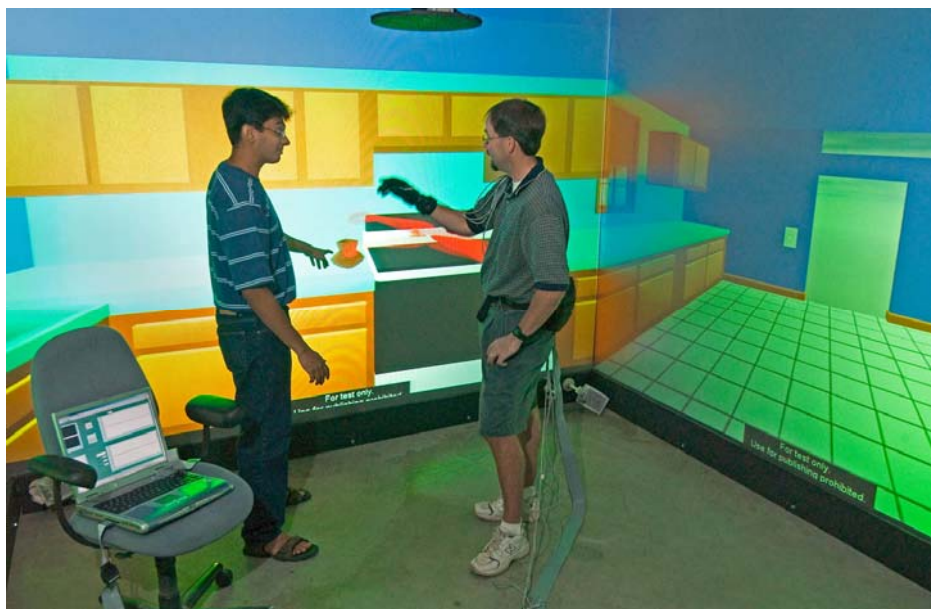
mildly impaired subject who is post-stroke.



more impaired subject who is post-stroke

Immersive Virtual Exercise Environments

VR for Recovery of Stroke and People With Disabilities



- Clarkson University
- Avatar of arm movement in VE (e.g goal - coffee on a kitchen counter) by moving own arm
- Wearing
 - electromagnetic sensors to measure arm position/orientation
 - electromyography sensors to measure muscle activity
- Patient working to recover range of arm or grip motion

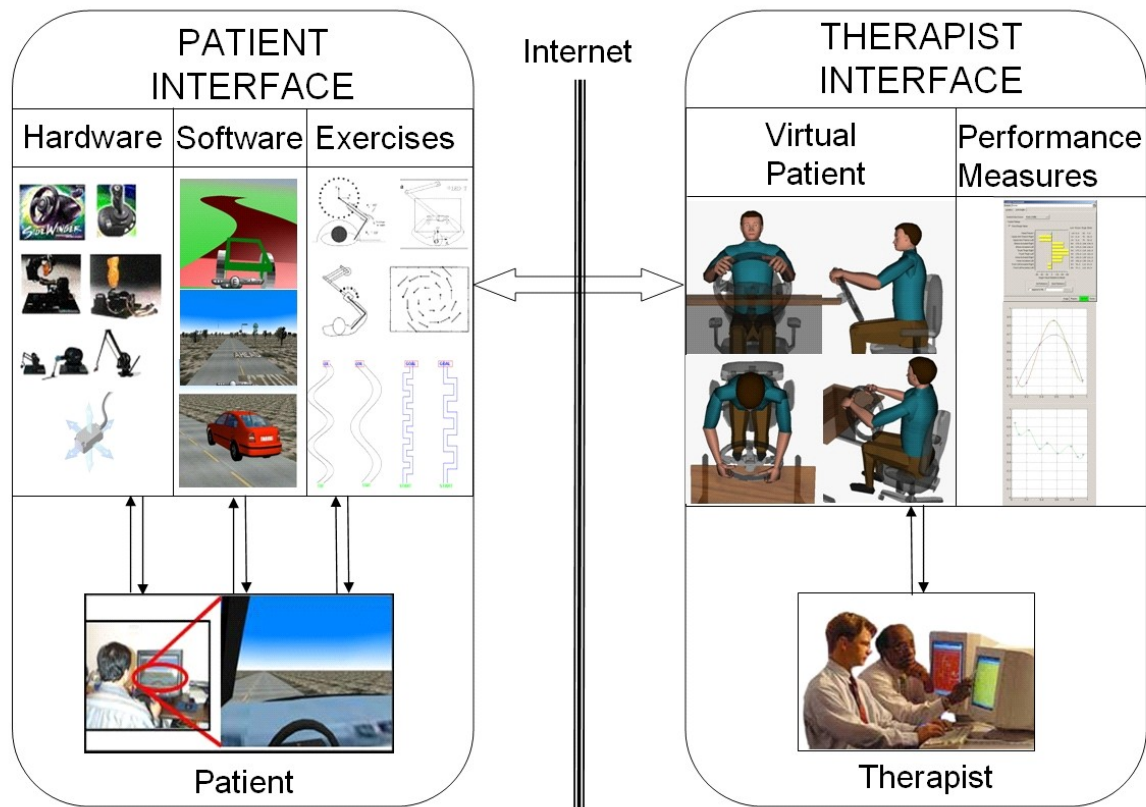
Goal Directed Arm Movement



- Université Grenoble, France
- Verify proposition for movement executed in VE
 - effect of immersion on visuomotor control of goal-directed arm movement

Immersive VE for Individualized Progressive Telerehabilitation

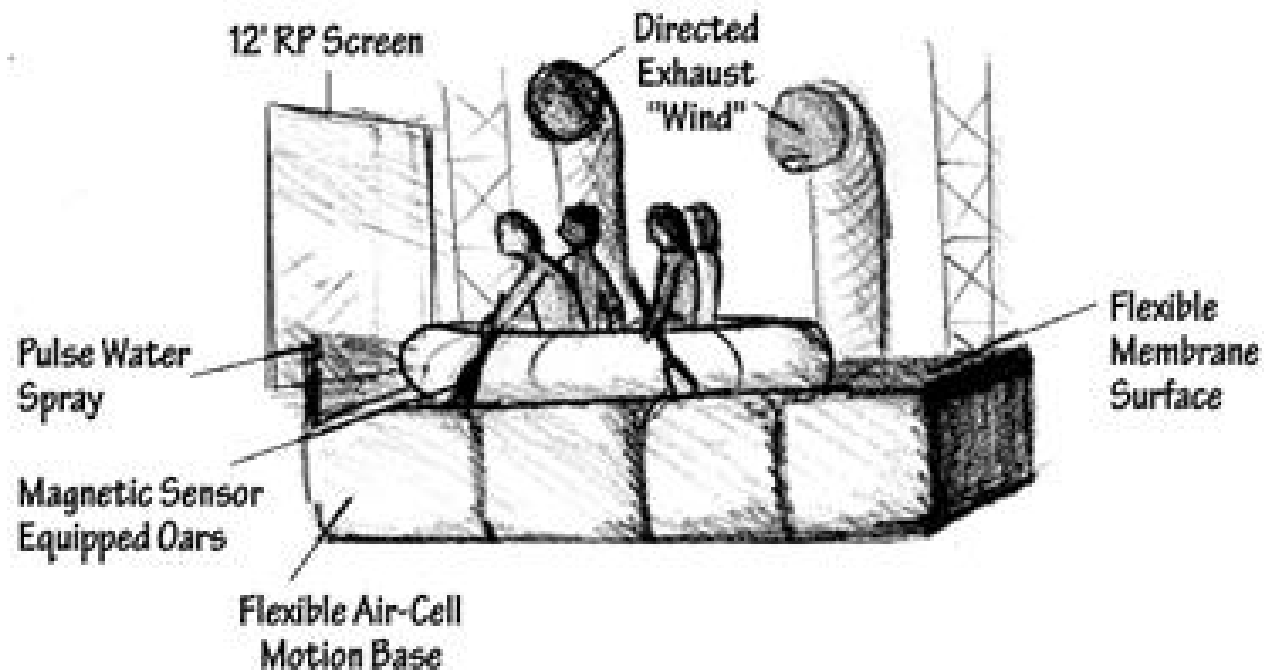
- SUNY Buffalo
- Virtual driving simulator with haptic feedback for rehabilitation of lost motor coordination skills in stroke patients



Proprietary Virtual Exercise Environments

Walt Disney Imagineering R&D

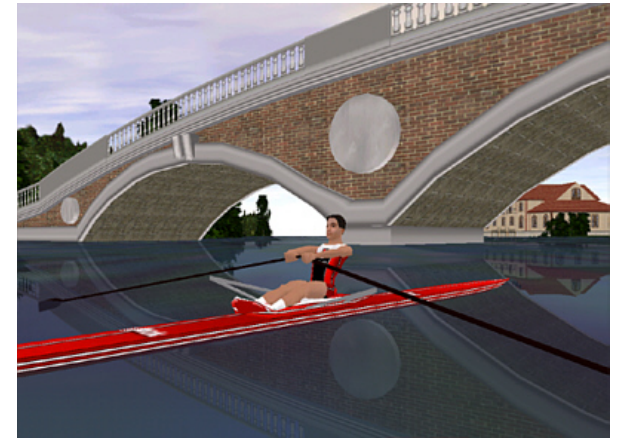
Virtual Rowing / Raft Dynamics System



Current Proprietary System

- Commercially available solutions
 - ❑ **Netathalon**- VR training and racing system
 - ❑ **Ultracoach**- Training Software
 - ❑ **RowH2O**- software monitoring and analysing of exercise performance
- Not suitable for R&D
 - ❑ Architecture not open, for third party content development

FitCentric's NetAthlon



- Rule-based artificial intelligence (AI) functions for training plans from workout data
- Input from a heart-rate monitor
- 3D graphics, LAN and Internet connectivity
- Graphics
 - "first person mode": user/rider's head bobs up and down
 - "third person mode": camera follows user
 - TV mode: system changes camera shots like a TV director during a live race
- Fast "rower" leading the pack to add competitive realism
- Microsoft's DirectX API
- Distance culling for swift frame rate



Open Standards for Immersive Virtual Exercise Environments

Need for Open System

- CSAFE (Communications Specification for Fitness Equipment) like standard needed
- Opportunity for multiple entities to build VR content
- Research based on analyzing current technological components
 - VR exercise software
 - E.g. NetAthlon http://www.fitcentric.com/html/netathlon_2_0.html
 - 3D courses
 - E.g. http://www.fitcentric.com/html/na_1_0_courses.htm
 - Rowing machine
 - E.g. <http://www.waterrower.co.uk/>
 - Advanced graphics
 - Open Inventor API, Microsoft's DirectX API
 - Serial and/or wireless communication between exercise equipment and virtual exercise environment
 - Interface standards to projectors, big screen, polarized glasses

Prototype using iC3D/GeoWall



Computer: Intel® Xeon™ Processor 3.60GHz, 2MB



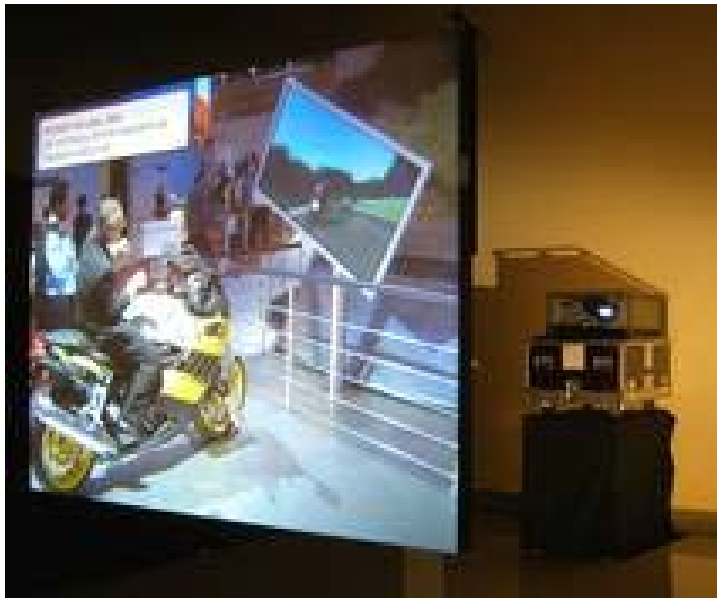
NVIDIA Forceware 3D Stereo Driver



Circular polarized glasses

iC3D/GeoWall

Two DLP projectors , stacked on top of each other so that the images overlap
Circular Polarizers

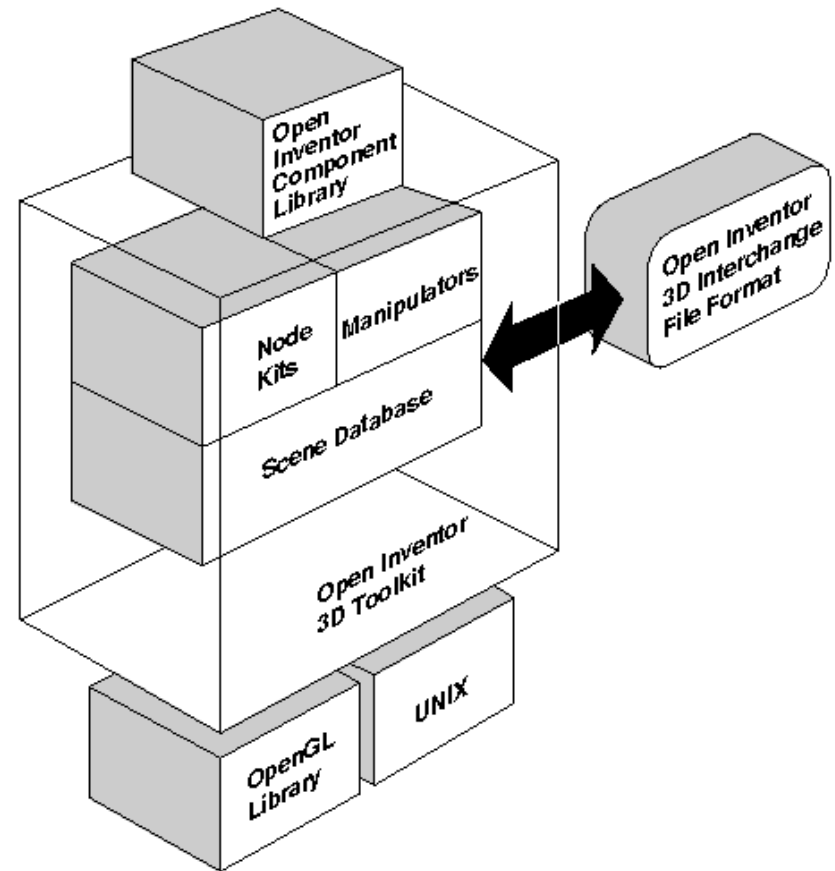
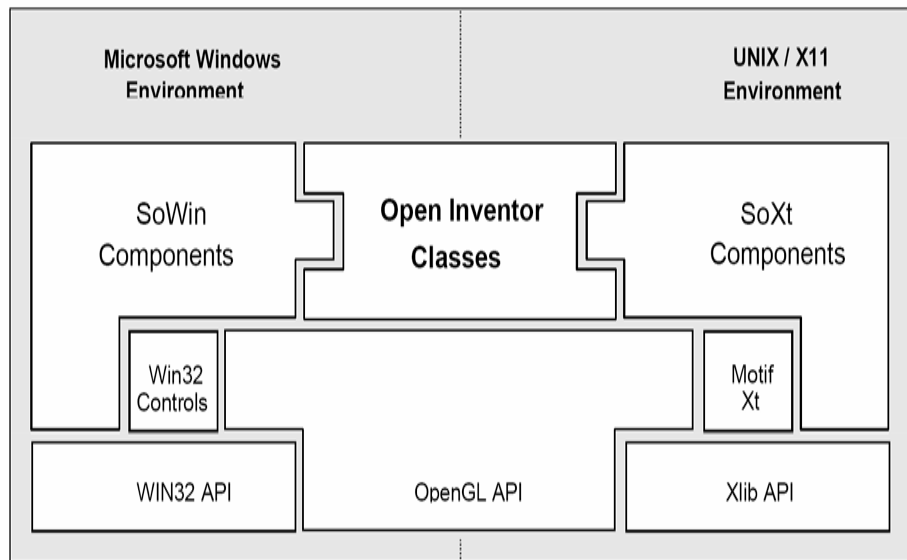


60" x 80" rear-projection screen

ForceWare NVIDIA 3D Stereo Driver

- Full-screen stereo viewing of many Direct3D® or OpenGL® based applications.
 - driver enables conversion of image to 3D stereo
- Good Stereo Viewing
 - Meaningful range of depth, or distance between the nearest and farthest objects
 - Nearest objects which are not too close for comfortable viewing
 - Heads up displays (HUDs) which are positioned so as not to interfere with the stereo experience
 - Ideally, HUDs should be at screen depth

Open Architecture



Realistic Water Using Bump Mapping and Refraction



- Every frame rendered to three textures
 - reflection, refraction & depth
- Reflection is flipping environment upside down, & clipping it to surface that we want to show the reflection.
 - e.g. reflect scene into water surface
- Refraction gives appearance of photorealism, reflection moves as if there are waves moving it around
- Replace original water texture with its reflection of the world onto the water